



# Beginning your child's autism journey

A series of 6 sessions

10.00am - 11.00am

**Booking is essential**

## Starting 25th April 2025

We are excited to bring you a programme of weekly 1 hour sessions for parents who are starting to consider an autism diagnosis or who have been referred to the GDA Pathway. The areas we will be covering each week are:

- |                        |   |
|------------------------|---|
| <b>25th April 2025</b> | <b>An introduction to getting a diagnosis &amp; interests and focus *</b> |
| <b>2nd May 2025</b>    | <b>Social interaction and social communication</b>                        |
| <b>9th May 2025</b>    | <b>Sensory</b>  |
| <b>16th May 2025</b>   | <b>Stimming, routine and structure</b>                                    |
| <b>23rd May 2025</b>   | <b>Emotions and energy levels</b>   |

\*The 25th April 2025 session will include part 1 and part 2 and will take place from 10.00am to 12.00pm

**Doncaster Carers Centre**  
**2 Regent Terrace**  
**Doncaster**  
**DN1 2EE**

**PLEASE NOTE**  
These workshops cannot be booked individually, they are part of a series of workshops. When booking please ensure that you are able to attend all of the sessions. These sessions are for parent carers

To book, please scan the QR code



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