

The Levett School Cornerstones Curriculum September 2026

Big idea	Concept/Aspect	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Physical education - Swimming	Swimming and water safety			Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke). Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke). Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke). Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke). Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke). Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Required coverage Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke). Required coverage Perform safe self-rescue in different water-based situations. Required coverage
Processes	Athletics	AOL: PD Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	AOL: PD Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Covered x 5	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Required coverage	Use running, jumping, throwing and catching in isolation and in combination. Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics).	Use running, jumping, throwing and catching in isolation and in combination. Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics).	Use running, jumping, throwing and catching in isolation and in combination. Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics).	Use running, jumping, throwing and catching in isolation and in combination. Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics). Required coverage Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics). Required coverage
	Gymnastics	AOL: PD Demonstrate strength, balance and coordination when playing. Covered x 2	AOL: PD Demonstrate strength, balance and coordination when playing. Covered x 8	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Required coverage	Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics).	Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics).	Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics).	Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics). Required coverage
	Sending and striking	AOL: PD Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Covered	AOL: PD Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Covered x 8	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Required coverage	Use running, jumping, throwing and catching in isolation and in combination. Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics).	Use running, jumping, throwing and catching in isolation and in combination. Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics).	Use running, jumping, throwing and catching in isolation and in combination. Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics). Required coverage	Use running, jumping, throwing and catching in isolation and in combination. Required coverage Play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending. Required coverage
	Team games	AOL: PD Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Covered x 2	AOL: PD Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Covered x 10	Participate in team games, developing simple tactics for attacking and defending. Covered	Participate in team games, developing simple tactics for attacking and defending.	Use running, jumping, throwing and catching in isolation and in combination. Play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending.	Use running, jumping, throwing and catching in isolation and in combination. Required coverage Play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending.	Play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending.	Play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending. Required coverage
	Dance	AOL: PD Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Covered x 11	AOL: PD Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Covered x 14	Perform dances using simple movement patterns.	Perform dances using simple movement patterns. Required coverage	Perform dances using a range of movement patterns.	Perform dances using a range of movement patterns.	Perform dances using a range of movement patterns.	Perform dances using a range of movement patterns. Required coverage
Creativity	Evaluation	AOL: CL Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher. AOL: PD Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Covered x 2	AOL: CL Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher.	Develop competence to excel in a broad range of physical activities. breadth	Develop competence to excel in a broad range of physical activities. Optional breadth	Compare their performances with previous ones and demonstrate improvement to achieve their personal best.	Compare their performances with previous ones and demonstrate improvement to achieve their personal best.	Compare their performances with previous ones and demonstrate improvement to achieve their personal best.	Compare their performances with previous ones and demonstrate improvement to achieve their personal best. Required coverage
Investigation	Data analysis	AOL: Maths Compare quantities up to 10 in different contexts, recognising when one quantity is greater than, less than or the same as the other quantity. Required coverage	AOL: Maths Measure short periods of time in simple ways. Covered x 3	Engage in competitive sports and activities. breadth	Engage in competitive sports and activities. Optional breadth	Compare their performances with previous ones and demonstrate improvement to achieve their personal best.	Compare their performances with previous ones and demonstrate improvement to achieve their personal best.	Compare their performances with previous ones and demonstrate improvement to achieve their personal best.	Compare their performances with previous ones and demonstrate improvement to achieve their personal best. Required coverage
Nature	Outdoor or adventurous activities	AOL: PD Negotiate space and obstacles safely, with consideration for themselves and others. Covered	AOL: PD Negotiate space and obstacles safely, with consideration for themselves and others. Covered x 20	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Required coverage	Take part in outdoor and adventurous activity challenges both individually and within a team.	Take part in outdoor and adventurous activity challenges both individually and within a team.	Take part in outdoor and adventurous activity challenges both individually and within a team.	Take part in outdoor and adventurous activity challenges both individually and within a team. Required coverage