



Wellbeing Sessions For autistic adults* 10.00am - 12.00pm

Booking is essential

These are relaxed and informal well-being themed sessions featuring various games and activities designed to support social interaction and communication.

These sessions will be followed by a walk on the Town Fields (weather permitting)

Check out our workshops page on our website for the latest dates, [click here](#)

*with an autism diagnosis or waiting for a diagnosis

Doncaster Carers Centre
2 Regent Terrace
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These sessions
are for autistic
adults*

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