

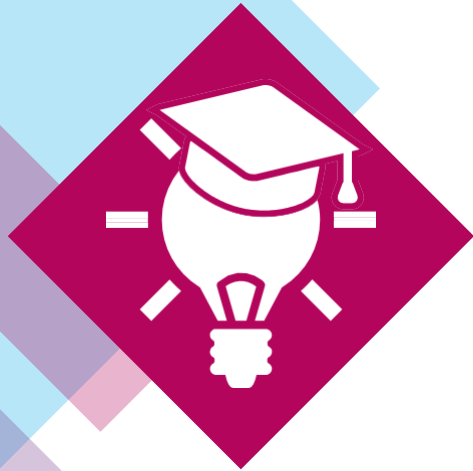
HeppFEST

Festival Guide 2023

7th-10th February

National Apprenticeship Week

This year HeppFEST for apprenticeship week we will focus on inspiring, motivating and increasing confidence of students on their journey to higher education. Each day will follow a theme and there will be a variety of sessions delivered by ourselves, our partners and some exciting keynote speakers!



Keynotes

Stephen Seki

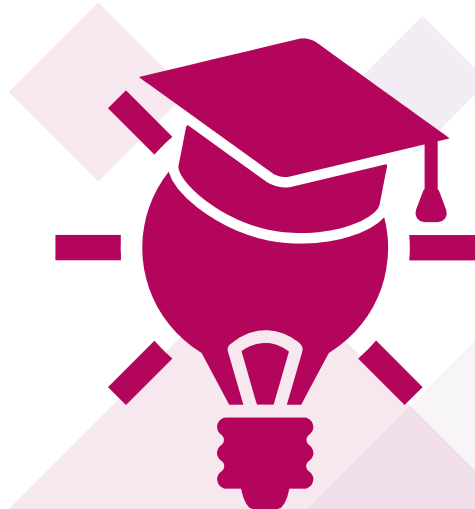
Motivational Speaker and Qualified Pharmacist

9am Tuesday 7th February

Stephen is a motivational speaker who uses his Educational journey to inspire, encourage and motivate people.

Stephen was born in poverty and received no formal education up until the age of 10 when he got the opportunity to come to the UK. Unable to read, write or speak any English, Stephen struggled to adapt to the change in culture, language and the English school system.

He was also diagnosed with Dyslexia and Dyspraxia which made adjusting to the classroom environment even more difficult. Despite the challenges, in just 5 years, Stephen was able to pass his GCSEs and ultimately, through his hard work and determination, achieve his ambitions of becoming a Pharmacist.



Katy Robinson

Construction Project Manager and Co-Chair of NAWIC

9am Wednesday 8th February

Katy is an award winning construction project manager, challenging the stereotypes surrounding women in construction and other STEM industries, and a recipient of the Hull & Humber Top 30 under 30 award earlier this year.

From starting her career as an Apprentice Quantity Surveyor in 2017, she has progressed into a Project Manager's role within five years.

Katy is also the Co-Chair of NAWIC Yorkshire (National Association of Women in Construction), and works to educate and encourage young women to choose a career in the male-dominated industry of construction, all whilst working full time and studying a part-time degree in Construction Project Management at Sheffield Hallam University.



Dom tells the story of how himself and his friends have ended up on very different paths. He is a keen advocate for young people and in particular wants to help young people at risk of gang memberships to turn their lives around.

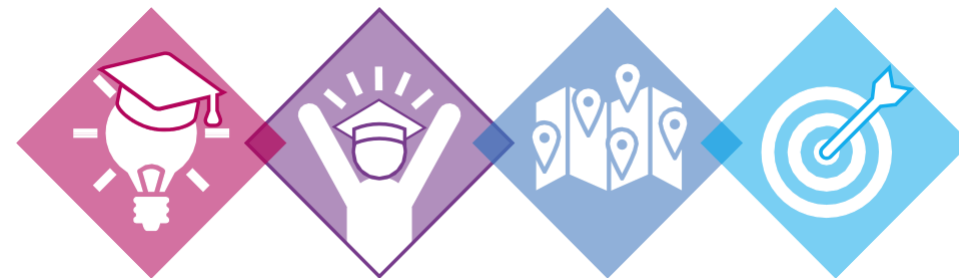
Dom Anderson

CEO Oxford University Students' Union

9am Thursday 9th February

Dom Anderson is the CEO of Oxford University Students' Union. As a fifteen year old Dom was expelled from school and sent to a pupil referral unit that he subsequently dropped out of after just a term. Finding himself involved with gangs and in trouble with the police and courts system he made the decision to break away from lifelong friends to give himself a future.

Overview



Monday 6th February

Tuesday 7th February

Wednesday 8th February

Thursday 9th February

Friday 10th February

INTRODUCE apprenticeships as a future pathway

INSPIRE students to achieve

Boost student CONFIDENCE and motivation

Help students EXPLORE higher education and how this might look

Help students FOCUS on their next steps

9am

Test your knowledge - Assembly and Apprenticeship quizzes

Keynote: Stephen Seki

Keynote: Katy Robinson

Keynote: Dom Anderson

Lesson 1 & 2

10am

CV hunt - what jobs could they apply for?

10.45 - break

Living Your Best Life

Who would you employ?
CV reviewing & Class Debate

How to Make Decisions

Apprenticeship Independent Research

DTC Visit

Your Post 16 Options

Stress Management and Wellbeing

Lesson 3

11am

Careers Fair

Failure as Fuel

Careers Games

Future Me

Apprenticeship Awards - Sharing of research

Developing Your Own Personal Brand

Healthy Lives

12pm

Lunch

12.30

Sport Time / PSHE

Sport Time / PSHE

Feel Good Wednesday

Sport Time/ PSHE

Feel Good Friday

INSPIRE students to achieve

Tuesday 7th February

9am Stephen Seki Keynote

..... See page 2

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10am Living Your Best Life

Great for: KS3/KS4/KS5

Delivered by: Joanne Slater, HeppSY

This coaching session has been developed by qualified life coaches with the aim of building self-confidence and resilience, and encouraging self-reflection.

Students will learn how to assess where they are right now in life and consider what their dream goals and best life would look like.

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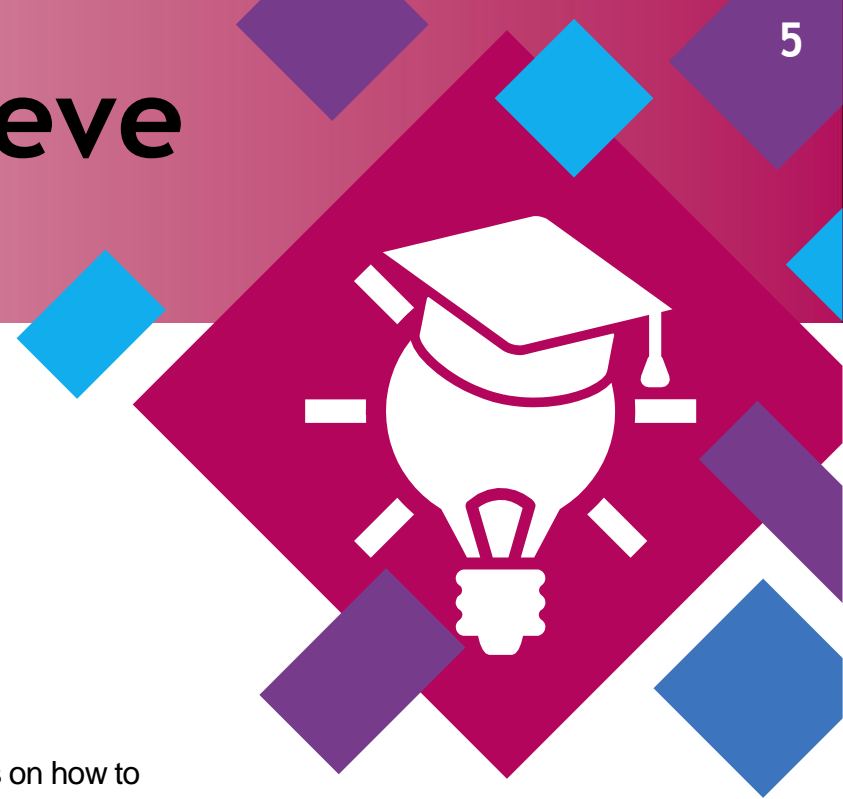
11am Failure as Fuel

Great for: KS3/KS4

Delivered by: PUSH


In this session PUSH will discuss their top tips on how to approach failure in a positive way. This will include how to see "failure" as an opportunity to adapt, grow and build " success.

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Boost student **CONFIDENCE** and motivation

Wednesday 8th February



9am Katy Robinson Keynote

[See page 2](#)

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10am Decision Making: How to Make Decisions

Great for: KS3
Delivered by: Hepp

This session will help students explore how to make challenging decisions and how important decision making will be for them and their future.

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11am Future Me

Great for: KS3/KS4/KS5
Delivered by: Positively You

In this session, students will have the opportunity to think about their Communication skills and how to build on them in preparation for any interviews, be it for education or the world of work.

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Help students **EXPLORE** higher education and how this might look

Thursday 9th February

9am Dom Anderson Keynote

See page 3

10am Your Post 16 Options

Great for: KS3

Delivered by: Inspiring Choices

Start to explore options beyond your GCSEs.

This session will cover the different types of qualifications and provision available, and the differences between School and college/ Sixth form.



Help students **FOCUS** on their next steps

Friday 10th February



10am Stress Management and Wellbeing

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Great for: KS3/KS4/KS5
Delivered by: University of Sheffield

This talk covers what stress and wellbeing are, as well as how to identify when you may be experiencing stress. It explores how to prevent and deal with stress in academic situations; focusing on planning time around assignments and exams both at school and at university.

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11am Developing Your Own Personal Brand

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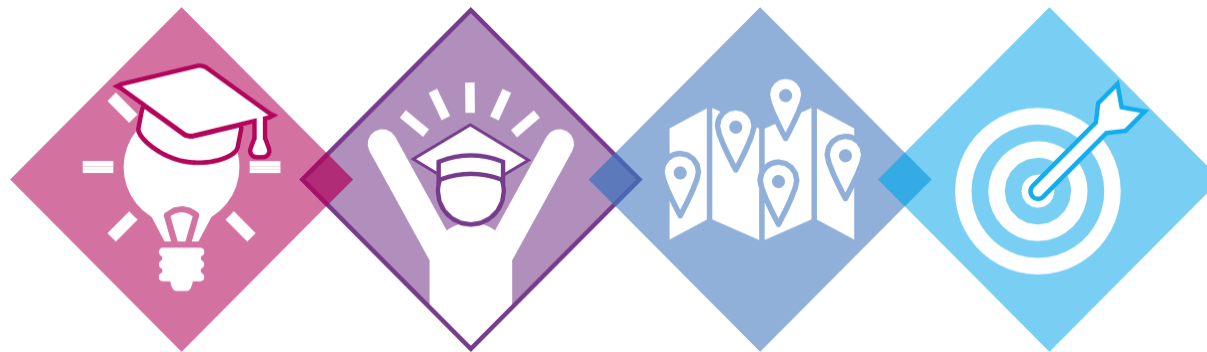
Great for: KS3/KS4/KS5
Delivered by: Dale Willis

In this session Dale Willis takes students through how they can help their applications really STAND OUT...including great tips on using social media to showcase your skills and interests.

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The Higher Education Progression Partnership (Hepp) works across South Yorkshire and North East Derbyshire. Our mission is to ensure that every young person knows that higher education exists and could be an option for them.

 www.hepp.ac.uk  @Hepp_YES



www.hepp.ac.uk/festival

