

PSHE Cycle A						
	Autumn Term (History)		Spring Term (Geography)		Summer Term (History)	
Year 1 & 2	Childhood 	Self-Awareness Self-Care, Support and Safety	Bright Lights, Big City 	Managing Feelings Changing and Growing	School Days 	Healthy Lifestyles The World I Live In
Year 3 & 4	Through the Ages 	Self-Awareness Self-Care, Support and Safety	Rocks, Relics & Rumbles 	Managing Feelings Changing and Growing	Emperors & Empires 	Healthy Lifestyles The World I Live In
Year 5/6/7	Dynamic Dynasties 	Self-Awareness Self-Care, Support and Safety	Sow, Grow & Farm 	Managing Feelings Changing and Growing	Ground breaking Greeks 	Healthy Lifestyles The World I Live In

PSHE Cycle B						
	Autumn Term (History)		Spring Term (Geography)		Summer Term (History)	
Year 1 & 2	Movers and Shakers 	Self-Awareness Self-Care, Support and Safety	Coastline 	Managing Feelings Changing and Growing	Magnificent Monarchs 	Healthy Lifestyles The World I Live In
Year 3 & 4	Invasion 	Self-Awareness Self-Care, Support and Safety	Misty Mountain, Winding River 	Managing Feelings Changing and Growing	Ancient Civilisations 	Healthy Lifestyles The World I Live In
Year 5/6/7	Maafa 	Self-Awareness Self-Care, Support and Safety	Frozen Kingdom 	Managing Feelings Changing and Growing	Britain at War 	Healthy Lifestyles The World I Live In