# SEND NEWSLETTER 2024

100% of parents agreed that the school encourages the personal development of their child.

PROUD PARENT

100% of parents agreed that their child has been adequately supported with any additional needs

## **TERMLY TEA**

We have held our second Termly Tea of the year and it was so nice to see Parents/Carers and Mainstreams attend to showcase all the marvellous work pupils have been working so hard with! Our final Termly Tea of the year will be held on Wednesday 3rd and Thursday 4th July between 2:00-5:00. Pléase do not hesitate to contact us now to book your appointment in advance!

### YEAR 6 TRANSITION

Mainstream secondary choices should now be well underway and transition plans for after Easter will now begin. Here are some strategies you can use at home:

·Talk to your child in a positive way about their new class/school.

Talk to your child about making new friends, games they could play or chats they could have. ·Take a few extra walks around the area during the holiday to look at the school from the outside. ·Write their new teacher a letter.

·Create a checklist of items to get ready for September.

Plan opportunities for your child to see their friends over the Summer holiday.

·Visit the schools website/social media sites

·Plan visits to school via public transport to develop independence

100% of parents agreed that their child is Well-that their child is well-that their chool

#### **GDA REFERRALS**

For Families who wish to pursue a GDA referral for their child for the autism/adhd pathway. The service is now seeking additional information and assessment from families to support the process. The information will include:



·A x2 week diary detailing behaviours at home Engagement in Autism workshops ·Have attended the Solihull parenting course ·Work with the school communication tracker and sensory profiles ·Access Family Hubs



### **ELSA**

At The Levett School, we have two Emotional Literacy Support Assistants (ELSA's) who are trained to support the emotional development of pupils by helping them to recognise, understand and manage emotions through individual or small group programmes. Programmes normally last between 6-12 weeks and can focus on a range of topics including: recognising and regulating emotions, increasing self-esteem, improving friendships, developing social skills, recovering from loss and bereavement and resolving conflict effectively.

Our ELSA's are Ms Needham (based at our Lower Site and Ms Jones (based at our Upper Site).





#### Sleep resources:

Some recommended books about sleep







# **DONCASTER LEISURE AND ACTIVITIES**

Get involved with a variety of after school activities supporting pupils living in Doncaster - there's something for every day.

https://www.doncaster.gov.uk/services <u>/schools/local-offer-things-to-do-</u> places-to-go

#### **SLEEP**

#### Why is sleep so important for children and young people?

Sleep promotes growth

- Sleep helps the heart & the immune system.
  - Reduces injury risk.
  - Increases attention.
    - Boosts learning

- Developing good sleep habits:

   Have a regular routine which includes going to bed at the same time each night and waking up at the same time each morning.
  • Limit screen time before bedtime.

  - Have a warm bath or shower 1-2 hours before bed.
  - Exercise regularly during the day.
    Make sure your bedroom is comfortable.

For more information about support for both adults and children, visit this link https://thesleepcharity.org.uk/